Neoplasms of the Colon and of the Rectum





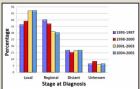
2015-2016 FCDS EDUCATIONAL WEBCAST SERIES STEVEN PEACE, BS, CTR FEBRUARY 18, 2016





2016 Focus

- Anatomy
- o SS 2000
- o AJCC TNM
- o MPH Rules









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CDC & Florida DOH Attribution



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Presentation Outline



- Introduction to Neoplasms of the Colon & Rectum
- Anatomy of the Colon and the Rectum
- · Diagnostic Workup and Tests
- · Critical Colo/Rectal MPH Rules
- 2016 New Use of "c" and "p" Prefix
- 2016 New T, N, M Category Codes
- Anatomic Staging (AJCC TNM / SS2000)
- Text Documentation
- Staging Practice
- Questions

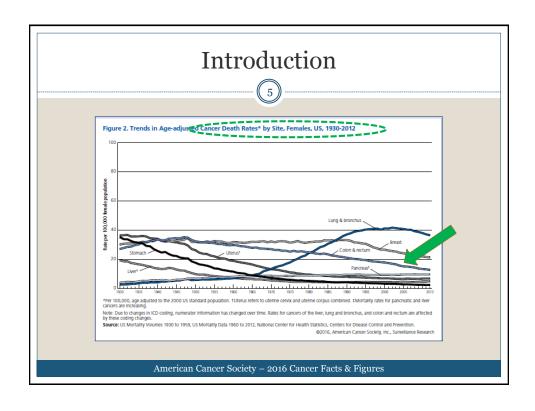


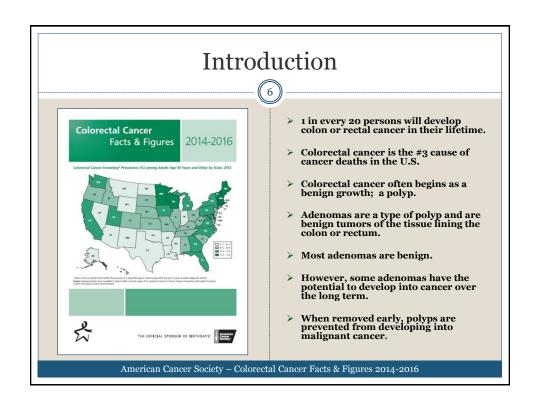
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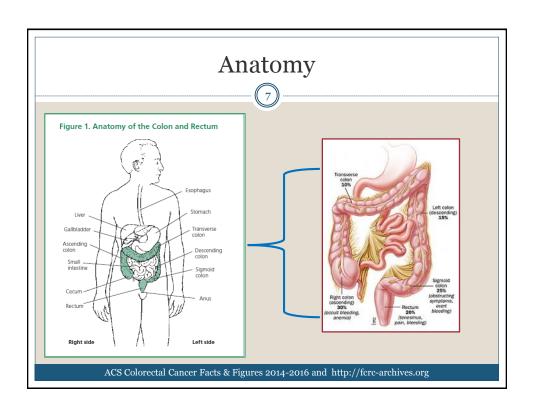
Presentation Outline

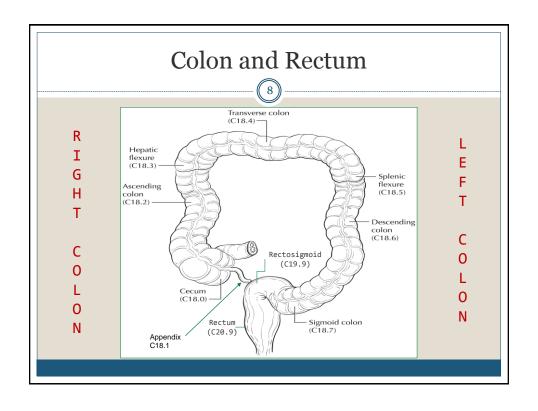


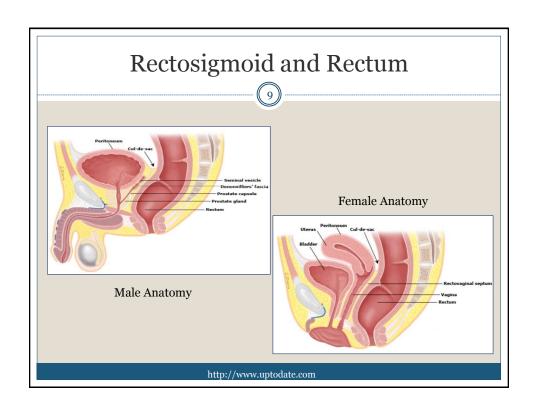
- What we will <u>not</u> be discussing today not enuf time.
 - · Risk Factors
 - · Signs & Symptoms
 - Screening Guidelines
 - · Details of Colo/Rectal MPH Rules
 - Every Histologic Type of Colo/Rectal Cancer
 - AJCC TNM General Instructions and Rules
 - · Conflicts between MPH Rules and TNM Chapters
 - Site Specific Factors Not Required for Staging
 - · Biologic, Molecular, Single or Multi-Gene Testing
 - NCCN or Other Treatment Guidelines

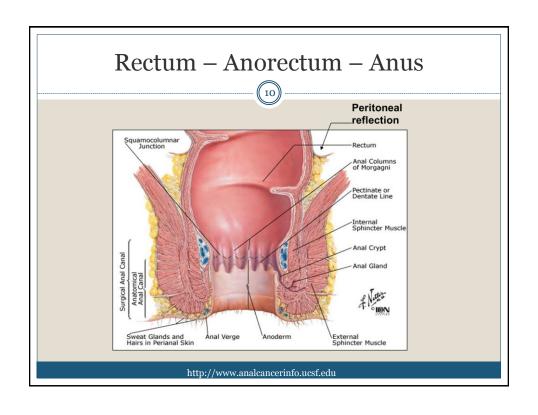


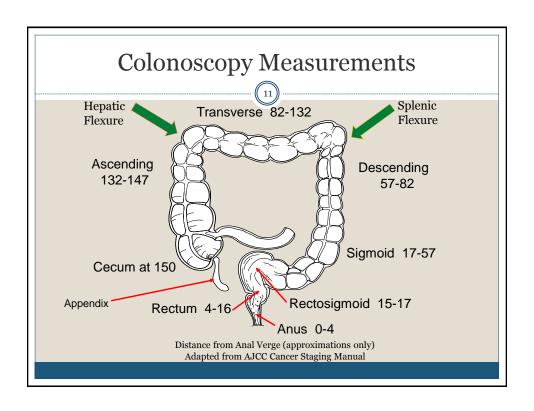


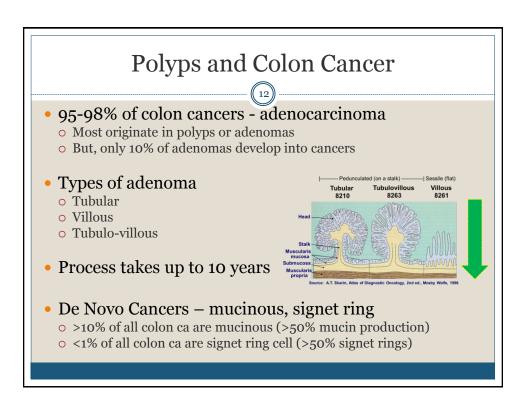


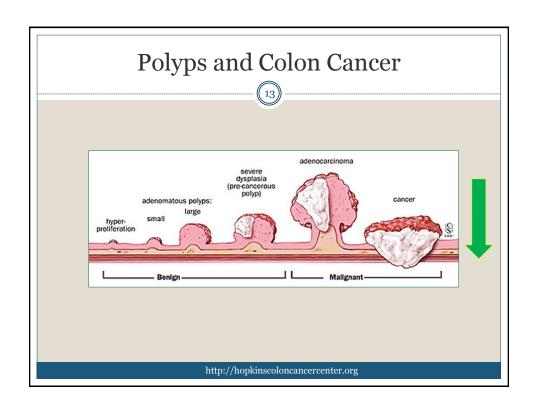


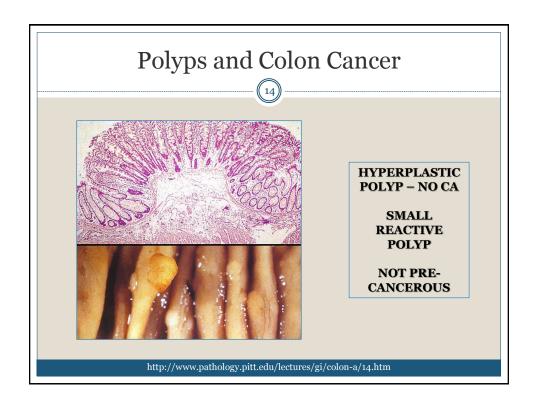


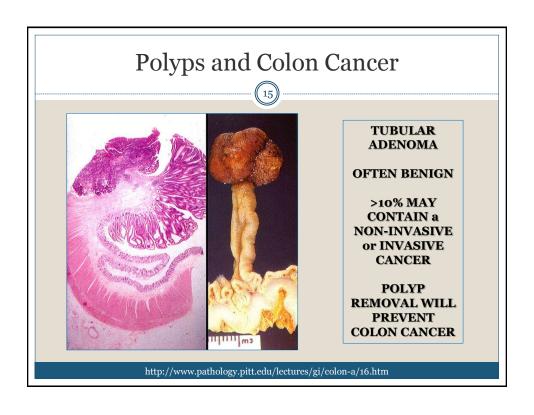


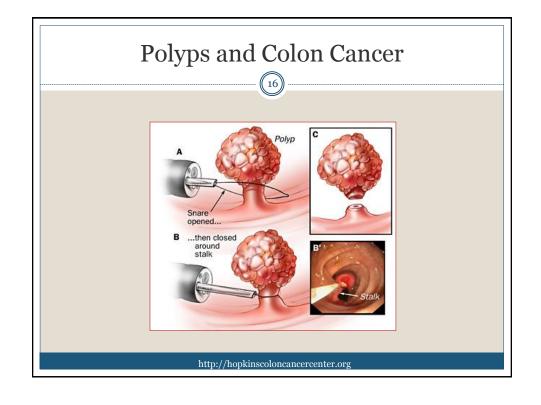


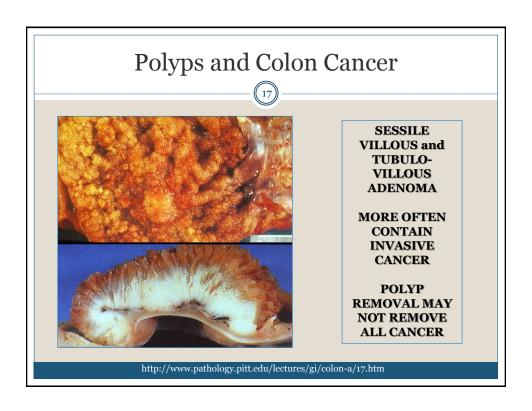


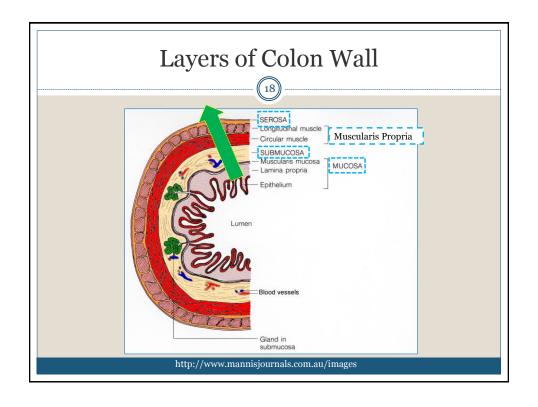


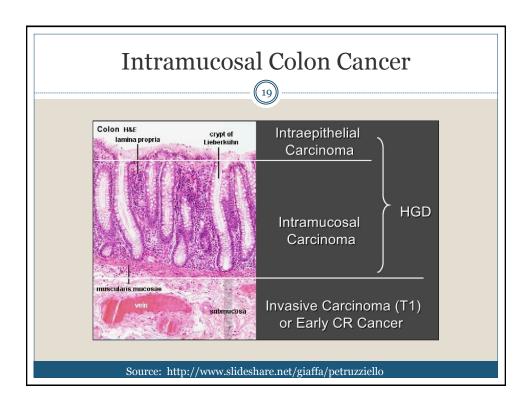








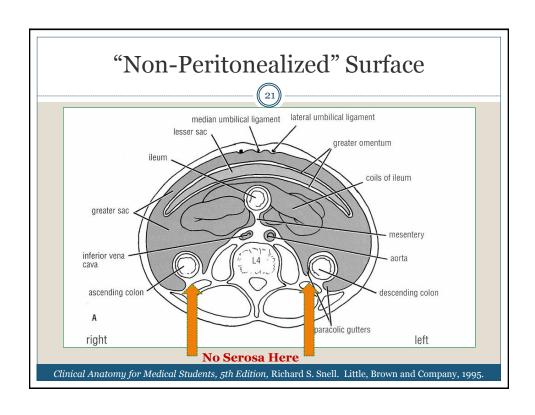


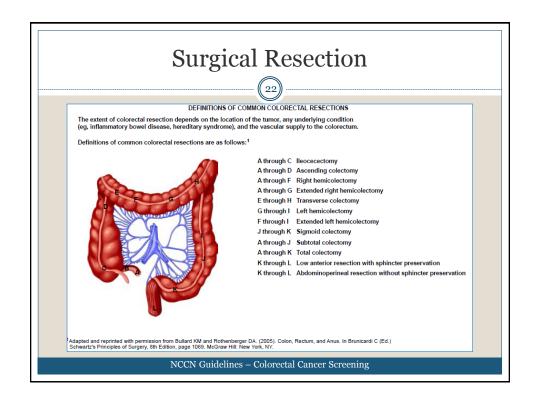


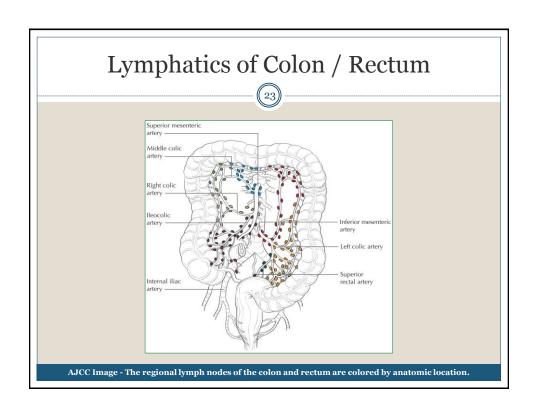
"Non-Peritonealized" Surface

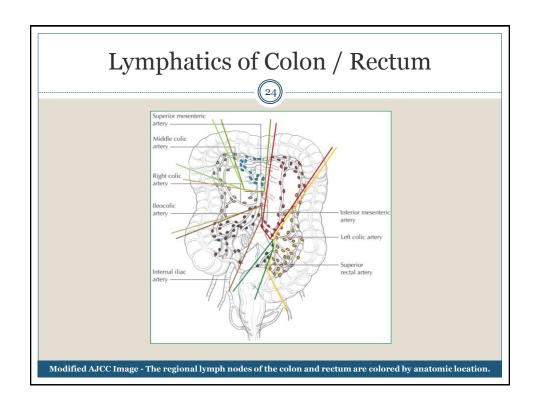


- ☐ The serosa acts as barrier for tumors that begin on inside surface of the colon and invade down into the mucosa and through the wall of the colon (the serosa).
- □ Some colon surfaces have no serosa at the exterior surface (around the hollow organ)
- □ When there is no serosa you lose a natural barrier that helps contain the colon cancer
- □ Non-Peritonealized Surfaces in Colon-Rectum:
 - o Rectum no serosa in rectum below peritoneal reflection
 - Descending Colon no serosa covering posterior surfaces
 - Ascending Colon no serosa covering posterior surfaces









"Tumor Deposits"

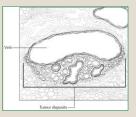


- Definition
 - Separate tumor nodules or tumor deposits of malignant cells in perirectal or pericolic fat with no evidence of lymph node tissue
- Found in primary lymphatic drainage area
- Other names
 - o Peri-tumoral deposits, satellite nodules, discontinuous extramural extension, or malignant tumor foci
- N1c = Specific TNM "N" Code for tumor nodule or deposit(s) in the subserosa, mesentery, or non-peritonealized pericolic or perirectal tissues without regional nodal metastasis.

"Tumor Deposits"



- Mesenteric
- Pericolonic
- Perirectal
- Subserosa
- All Regional Lymph Nodes Negative
- Deposits + LNs



 N1c = Tumor deposit(s) in the subserosa, mesentery, or nonperitonealized pericolic or perirectal tissues without regional nodal metastasis.

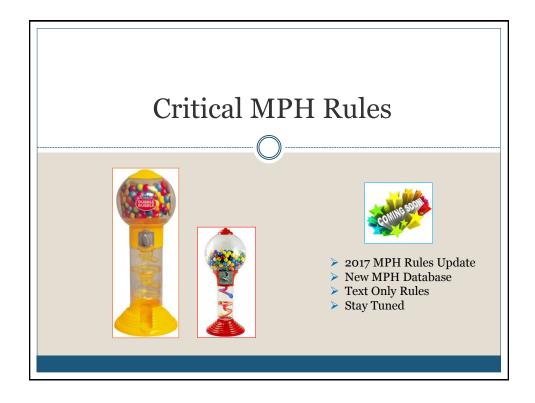
Metastatic Sites

Colon Cancer

Metastatic Disease

- Lung
- Liver
- Lymph Nodes
- Seeding in peritoneum
- Seeding of small intestine
- www.colorectal-surgeon.com

• Seeding of other segments of colon



Multiple Primary Rules



Unknown Number

M1. Unknown whether single or multiple tumors = <u>single</u>

One Tumor

 \triangleright M2. Single tumor = single

Multiple Tumors

 M3. Adenoca in adenomatous polyposis coli in one or multiple segments = <u>single</u>

Source: AFritz and Associates, LLC

Multiple Primary Rules



Multiple Tumors, continued

- ➤ M4. Different topography = multiple
- ➤ M₅. Diagnosis dates > 1 year apart = multiple
- ➤ M6. Invasive after in situ > 60 days = multiple
- M7. Frank adenocarcinoma and malignant tumor in a polyp = single
- ➤ M8. Non-specific and specific histology = <u>single</u>
- M9. Multiple polyps (all malignant) = single
- ► M10. Histology different = multiple
- \triangleright M11. All other scenarios = <u>single</u>

Source: AFritz and Associates, LLC

New Histologic Terms and Code



- Glandular intraepithelial neoplasia, high grade
- Glandular intraepithelial neoplasia, grade III
- Flat intraepithelial neoplasia, high grade
- 8148/2 Use Code for GI Tract in 2017
- All low grade intraepithelial neoplasia = /o
- All grade I or grade II intraepithelial neoplasia = /o

Mucinous and Signet Ring Cell



- Mucinous adenocarcinoma (8480)
 Code when
 - o Final diagnosis is mucinous OR
 - Documentation says > 50% mucinous
 - **▼** May use microscopic section of path report
- Signet ring cell carcinoma (8490)
 Code when
 - o Final diagnosis is signet ring cell **OR**
 - Documentation says > 50% signet ring cell
 - **▼** May use microscopic section of path report
 - o "...with signet ring cells" ≠ signet ring cell CA

Colorectal NETs and GISTs



- NETs and GISTs are specific types of stroma/connective tissue tumors that effect the endocrine and neuroendocrine system.
- The endocrine system works alongside of the nervous system to form the control systems of the body. The nervous system provides a very fast and narrowly targeted system to turn on specific glands and muscles throughout the body. The endocrine system, on the other hand, is much slower acting, but has very widespread, long lasting, and powerful effects. Hormones are distributed by glands through the bloodstream to the entire body, affecting any cell with a receptor for a particular hormone. Most hormones affect cells in several organs or throughout the entire body, leading to many diverse and powerful responses.
- Because they effect the endocrine/neuroendocrine system both NETs and GISTs impact or disrupt the body's hormone functions

Colorectal NETs and GISTs

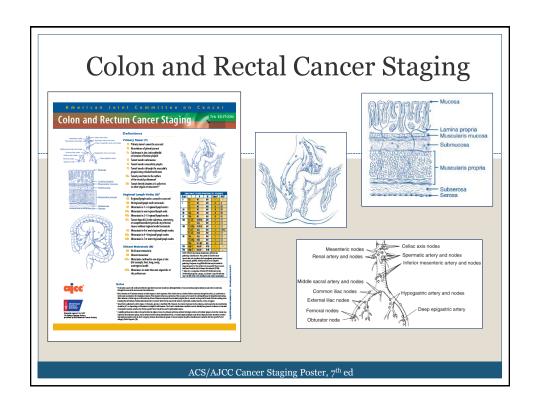


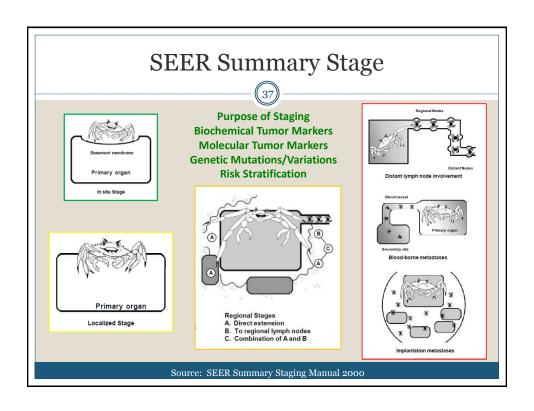
- NETs in the GI Tract develop in neuroendocrine cells of the connective tissues in and around the GI Tract and may grow inward or outward.
 - o Neuroendocrine Carcinoma Low Grade/High Grade
 - Carcinoid Tumor 2015 ALL are reportable/malignant
- NETs in the GI Tract stimulate hormone-producing endocrine cells resulting in the overproduction of vasoactive peptide hormones and causing symptoms of "carcinoid syndrome" skin flushing, fatty diarrhea, bronchospasms, and "dumping" syndrome.

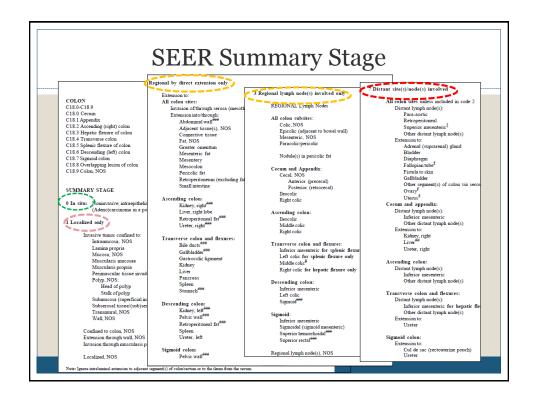
Colorectal NETs and GISTs



- GISTs make up only about 1% of all GI Tract neoplasms
- GISTs in the GI Tract develop in the stroma or muscle layer of the walls of the GI Tract from the esophagus down to the rectum and grow outward.
- Location, Size, and Mitotic Index are Key Indicators
- GIST do not cause symptoms in early stages. Symptoms can include nausea, vomiting, weight loss, pain, and bleeding. Early tumors are usually incidental findings.
- GIST do not effect hormone function, production or release.
- GIST do effect regulation of peristalsis pushing materials down the digestive tract.
- When no primary is stated, the site is GI Tract, NOS.







"c" and "p" and "yp"



- Clinical (c)
- <u>Clinical Stage</u> is determined before any type of definitive therapy is started. Clinical stage is used as a guide to determine what the first steps should be to establish the diagnosis of colon or rectal cancer; and to decide upon the approach and intent of 1st course of treatment should 1st treatment include polypectomy, segmental resection, hemi or total colectomy, surgical bypass with or without -ostomy, neoadjuvant (pre-operative) chemo and/or radiation, or palliative care.
- <u>Clinical Stage</u> includes the patient's medical history, physical exam, sigmoidoscopy, and colonoscopy with biopsy to establish/confirm the diagnosis. Examinations to demonstrate the presence or absence of extrarectal or extracolonic metastasis may include radiographic films, CT of abdomen, pelvis and/or chest, MRI, and PET or PET/CT scans. Endoscopic Ultrasound (EUS) may be used to assess preoperative pelvic extent of disease in addition to CT, MRI, and/or PET scans.

"c" and "p" and "yp"



- Pathologic (p)
- Most cancers of the colon and many cancers of the rectum are pathologically staged following surgical exploration of the abdomen, cancer-directed surgical resection and pathologic examination of the resected specimen.
- <u>Pathologic Stage</u> is assigned following complete resection of the primary tumor and includes microscopic examination of the primary tumor, regional lymph nodes and/or other suspect tissues. Carcinoma in a polyp is classified according to the pT definitions adopted for colorectal carcinomas.
- <u>Pathologic Stage</u> is used to guide stage-specific adjuvant therapy decisions and to estimate prognosis.
- <u>Pathologic Stage</u> includes all information in the clinical setting PLUS all information obtained from surgical reports and pathology reports related to the extent of cancer spread through the completion of definitive surgery performed as a part of the 1st course of treatment or within 4 months of initial diagnosis of cancer in the absence of disease progression.

"c" and "p" and "yp"

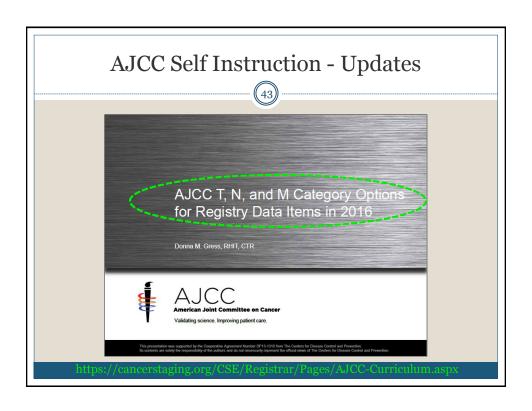


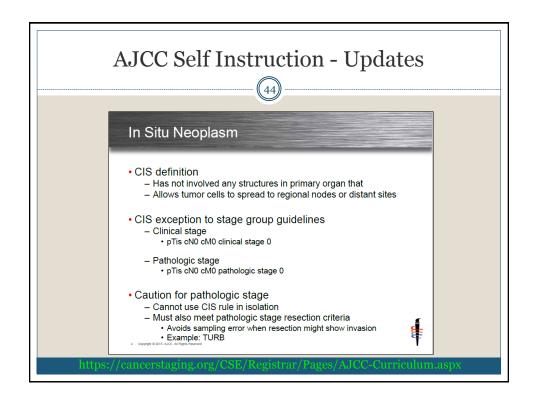
- Post Neoadjuvant Treatment (yp)
- <u>Post Neoadjuvant Treatment Stage</u> is assigned following a prescribed "course" of neoadjuvant therapy (chemo, biologics, radiation, etc.). The standard of care for most rectal cancers is pre-surgical (neoadjuvant) therapy with chemo and/or radiation prior to any surgical resection.
- <u>Post Neoadjuvant Treatment Stage</u> includes microscopic examination of the primary, regional lymph nodes and/or other suspect tissues.
- Response to Neoadjuvant Therapy is determined by comparison of pretreatment Clinical Stage to post-treatment Pathologic Stage and is qualified by the presence or absence of cancer in the primary tumor, regional lymph nodes, etc. or T, N, or M Category Differences.
 - o Pathologically Confirmed Complete Response (CR)
 - o Pathologically Confirmed Partial Response (PR)
 - o Pathologically Confirmed No Response (NRL)

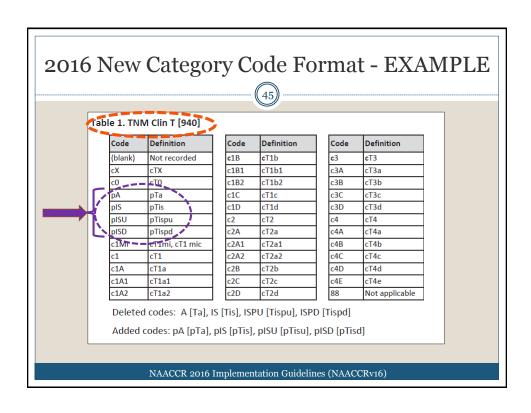
2016 Prefix Requirements / Physician Stage

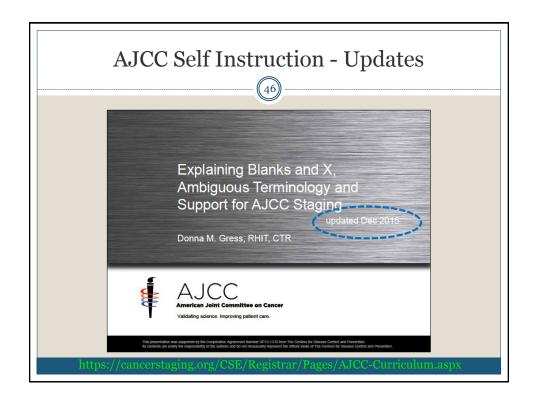


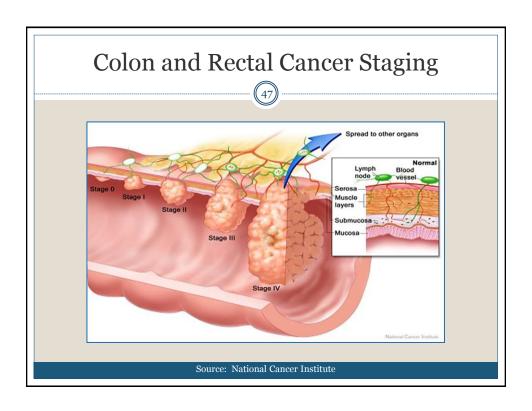
- 2016 Requirements for "c" and "p" prefix use
 - o Now must include "c" or "p" prefix for each T, N, M Category
 - o New Codes for T, N, and M will be available in software soon
 - Use of Allowable Codes will be Strictly Enforced in 2016>
 - o Clinical Stage now includes cT, pTis, cN and either c or pM
 - o Pathologic Stage now includes pT, pN and either c or pM
 - o Convert Roman Numerals (I, II, III) to Arabic (1, 2, 3)
- <u>Physician Stage</u> can be difficult to qualify as it may be a
 mixed clinical and pathologic stage, especially when the
 AJCC Stage is provided per history. Always check the
 Physician Stage to validate use of prefix and the correct T,
 N, and M Category Codes that best reflect the case.











Staging Parameters



- Clinical (Pre-Tx) Stage is Critical for Rectal Cancers
- Primary Tumor Grade Important for NET/GIST
- Typical Colon/Rectal Cancers
 - o Type of Adenoma
 - o Primary Tumor Location
 - o Intramucosal Spread ("T")
 - o Depth of Invasion into Wall ("T")
 - o Depth of Invasion thru Wall ("T")
 - o Number of Lymph Nodes Examined ("N")
 - Number of Lymph Nodes Positive ("N")
 - o Extranodal Tumor Deposits ("N")
 - Status of Resection Margins
 - o Lymph-Vascular Invasion (LVI)
 - Metastatic Sites ("M")



http://safetyca.info

Site-Specific Factors Required for Staging



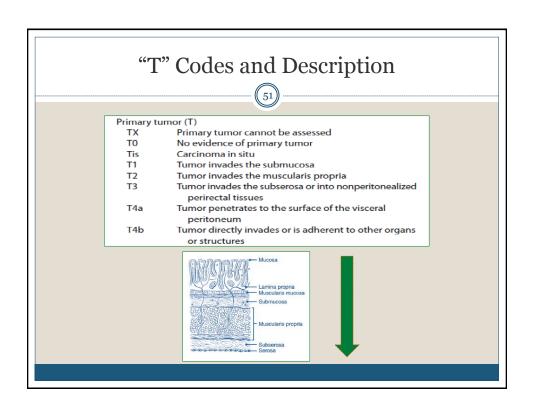
NO Site-Specific Factors Required for Staging Of Colon, Rectum, Anus or NET of GI Tract

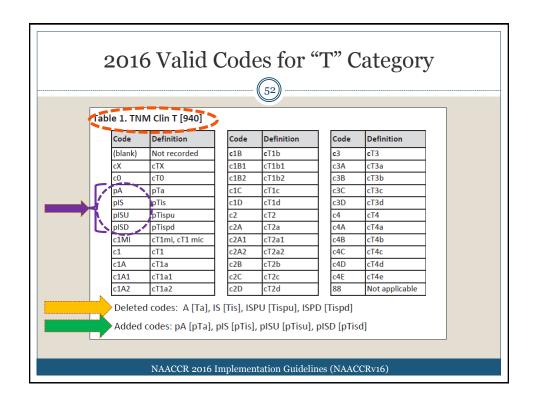


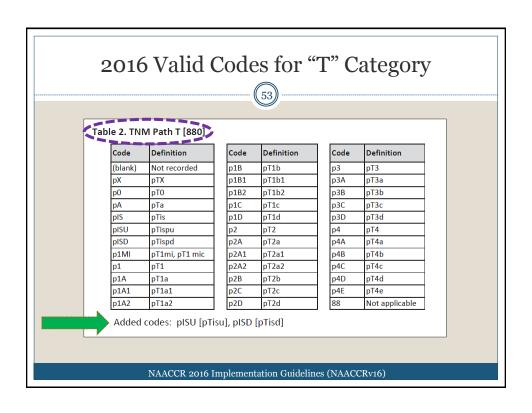
T Category – tumor size and extension

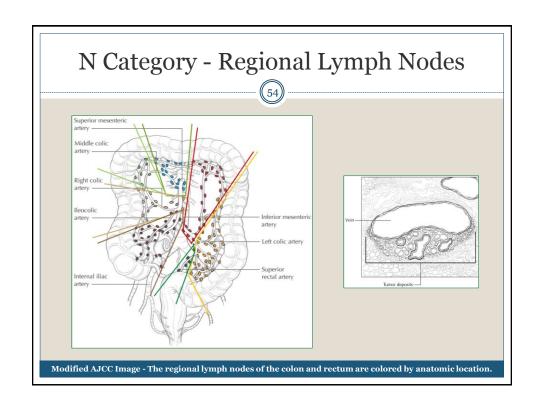


- Non-Invasive or In Situ (Tis)
 - o Intraepithelial no invasion of glandular basement membrane)
 - o Intramucosal with extension into lamina propria
 - o Intramucosal with no extension thru muscularis mucosae
 - o Intramucosal with no extension into submucosa
- Intramucosal with Extension into Submucosa (T1)
- Mixed Non-Invasive (In Situ) and Invasive MPH Rule
- Invasive Only Extension into/thru wall critical
- The Primary Tumor Extends Beyond Colon Wall









"N" Codes and Description

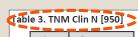


Regional I	ymph nodes (N)
NX	Regional lymph nodes cannot be assessed
NO	No regional nodal metastasis
N1	Metastasis in one to three regional lymph nodes
N1a	Metastasis in one regional lymph node
N ₁ b	Metastasis in 2–3 regional lymph nodes
N1c	Tumor deposit(s) in the subserosa, mesentery, or nonperitonealized perirectal tissues without regional nodal metastasis
N2	Metastasis in 4 or more regional lymph nodes
N2a	Metastasis in 4-6 regional lymph nodes
N2b	Metastasis in 7 or more regional lymph nodes

Counting Lymph Nodes Important for Colon Lymph Node Dissection Should Include 10-14 Regional Lymph Nodes No Criteria Yet for Isolated Tumor Cells in Lymph Node (pNo) Special Category for Tumor Deposits (pN1c)

2016 Valid Codes for "N" Category



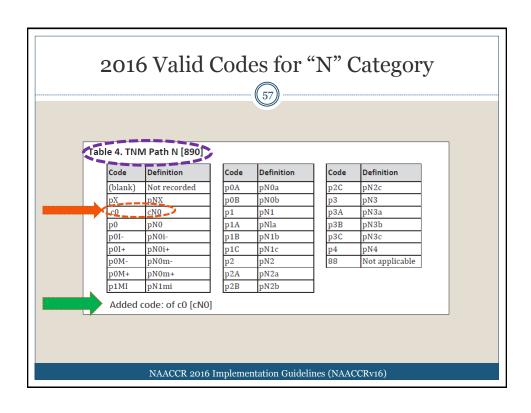


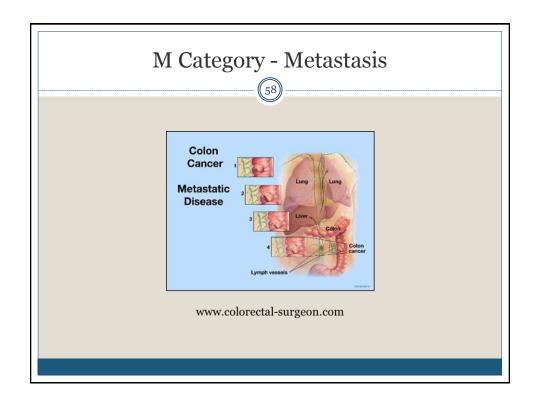
Code	Definition
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cX	cNX
c0	cN0
c0I-	cN0i-
c0I+	cN0i+
c0M-	cN0m-
c0M+	cN0m+
c1MI	cN1mi

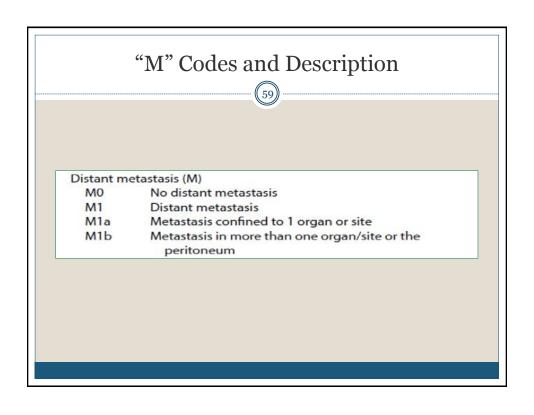
Code	Definition
c0A	cN0a
c0B	cN0b
c1	cN1
c1A	cNla
c1B	cN1b
c1C	cN1c
c2	cN2
c2A	cN2a
	c0A c0B c1 c1A c1B c1C

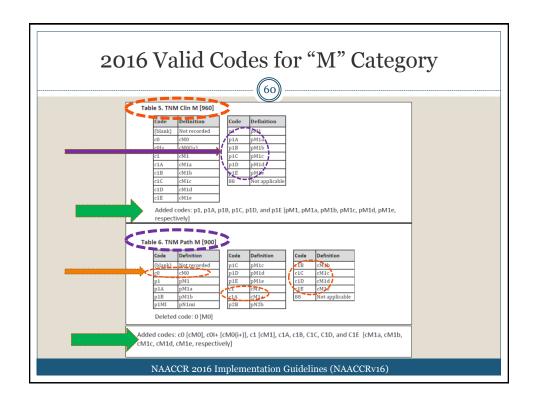
Code	Definition
c2B	cN2b
c2C	cN2c
c3	cN3
c3A	cN3a
с3В	cN3b
c3C	cN3c
c4	cN4
88	Not applicable

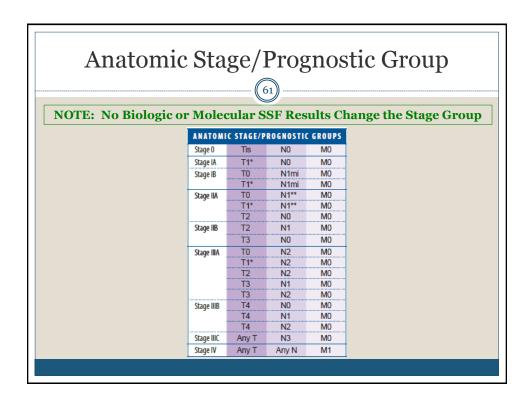
NAACCR 2016 Implementation Guidelines (NAACCRv16)

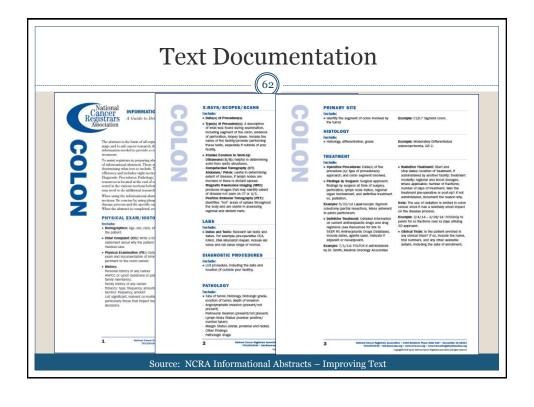












Staging Practice





Case 1 – Case Vignette



- HISTORY: 59 year old African American female admitted following recent colonoscopy showing malignant appearing mass in ascending colon. Family History: Father had rectal cancer Physical Exam is essentially WNL.
- CT CHEST/ABDOMEN: no abnormalities noted
- COLONOSCOPY per history showed malignant appearing mass in proximal ascending colon – unknown if biopsy was taken to confirm malignancy.
- CEA 0.6 WNL
- PATHOLOGY from Resection Right colon, hemicolectomy: Low grade (moderately differentiated) adenocarcinoma of cecum. Maximum dimension: 3.0 cm. Grossly the lesion invades through the muscularis propria into the underlying mesenteric adipose tissue. Microscopic tumor extension: invades through muscularis propria. Lymphovascular invasion: present (venous). Perineural invasion: not identified. Discontinuous extramural tumor deposits: not identified. Margins: free of tumor. Twenty two lymph nodes negative for metastatic carcinoma (0/22).

Case 2 – Case Vignette



- HISTORY: 64 year old white male admitted through the ER with severe abdominal pain.
- CT CHEST/ABD: extra-luminal gas right lower quadrant in area of cecum, suspect perforation of ascending colon
- PATHOLOGY Laparoscopic Ileocecectomy: poorly differentiated adenocarcinoma of cecum.; Maximum dimension: 4.4 cm, Microscopic tumor extension: penetrates serosal surface (visceral peritoneum) with perforation and direct invasion of distal ileum; LVI: present; One discontinuous extramural tumor deposit found in mesentery without nodal structure; Margins: free of tumor, nine lymph nodes negative for mets (0/9).

Case 3 – Case Vignette



- HISTORY: 57 year-old Hispanic female with biopsyconfirmed adenocarcinoma of the rectosigmoid.
- CT CHEST: few small (<1cm) nonspecific hilar lymph nodes noted in chest. Exam otherwise negative.
- COLONOSCOPY SPECIMEN: Tumor colon @ 15 cm biopsy: invasive well differentiated adenocarcinoma
- PATHOLOGY: Sigmoidectomy 3.9 x 3.2 x 0.7 cm circumferential ulcerative lesion; invasive moderately differentiated colonic adenocarcinoma with extension into and through muscularis propria and focal transmural extension to serosal surface, margins free of tumor, 2/13 lymph nodes positive for metastatic carcinoma; discontinuous tumor deposits present; liver wedge biopsy metastatic colonic adenocarcinoma

Case 4 – Case Vignette



- HISTORY: 61 yr old white female, lifelong smoker, with multiple medical problems including recent adenoma on routine screening colonoscopy. Physical exam negative.
- CT CHEST: Negative
- COLONOSCOPY: Transverse colon polyp @ 110cm –
 high grade dysplasia with focal intramucosal well
 differentiated adenocarcinoma arising in an adenoma.
 PATHOLOGY: laparoscopic transverse colectomy –
 Small residual component of tubulovillous adenoma w/
 no evidence of residual carcinoma, no evidence to
 suggest invasion of lamina propria, 0/4 + pericolonic lns

Case 5 – Case Vignette



- HISTORY: 57 year old obese white female with chronic constipation and bright red blood in stool. Rectal exam positive for mass low in rectum with fixation.
- EUS: large mass fixed to rectal wall with evidence of invasion into perirectal fat and partial lumen obstruction
- RECTAL BX: poorly differentiated adenocarcinoma
- Treatment Summary: Patient was treated with preoperative 5-FU with concurrent radiation therapy.
 Patient completed her short-course XRT but did not return for surgical resection and expired in home.

References



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 - o Cancer Facts and Figures 2016
 - o Colorectal Cancer Facts and Figures 2014-2016
- American Joint Committee on Cancer www.cancerstaging.org
 - o AJCC Cancer Staging Manual, 7th edition
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- SEER Summary Staging Manual 2000
- www.medicinenet.com/colon_cancer
- NCCN Treatment Guidelines www.nccn.org

